

5 Minute Mom

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Synopsis

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I was at a crossroads of my mommy-hood. As a child, I always planned on being an incredible mom, creating an environment where children thrive. As I reviewed my present days, I felt like my life was commonplace and minute. My daily tasks seemed ordinary and repetitive. Where was the grander purpose in cleaning dishes and driving kids to soccer practice? Quietly watching my friend Rebecca, I witnessed something different in her mothering. What kept her in good spirits each day? She displayed a quality I wanted. By the same token, she seemed to draw on an inner strength that I lacked. Finally, I had to ask. I never expected the journey that unfolded. A transformation of my vision. A journey of discovery into the core of motherhood.

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