

A Coach's Life

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2026-06

Synopsis

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inLanguage	english

Legendary University of North Carolina basketball coach Dean Smith tells the full story of his fabled career, and shares the life lessons taught and learned over forty years of unparalleled success as a coach and mentor.

For almost forty years, Dean Smith coached the University of North Carolina men's basketball program with unsurpassed success- on the court and in shaping young men's lives. In his long-awaited memoir, he reflects on the great games, teams, players, strategies, and rivalries that defined his career, and explains the philosophy that guided him. There's a lot more to life than basketball- though some may beg to differ- but there's a lot more to basketball than basketball, and this is a book about basketball filled with wisdom about life. Dean Smith insisted that the fundamentals of good basketball were the fundamentals of character- passion, discipline, focus, selflessness, and responsibility- and he strove to unite his teams in pursuit of those values.

To read this book is to understand why Dean Smith changed the lives of the players he coached, from Michael Jordan, who calls him his second father and who never played a single NBA game without wearing a pair of UNC basketball shorts under his uniform, to the last man on the bench of his least talented team. We all wish we had a coach like Dean Smith in our lives, and now we will have that chance.

Reader's comments

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