

# Allen Carr's Easy Way to Quit Cannabis

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## Synopsis

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inLanguage	english	

Do you feel trapped by your addiction to cannabis? Is your motivation and lust for life being sapped by an obsession with your next joint? If so, then this audiobook is for you.

Allen Carr's Easyway method is a global phenomenon - a clinically proven and 100 per cent drug-free treatment for nicotine addiction. This book applies that tried-and-tested method to the problem of marijuana addiction. Whether you consider yourself an addict, or just someone who has a little too much, a little too often, the fact is you're looking for a route out, and this method will show you the way.

The ingenious thing about the Easyway method is that it doesn't rely on willpower. Instead it works by unravelling the cognitive brainwashing behind your addiction. This means that you will not only be set free from your cannabis addiction but you will also find it easy and even enjoyable to quit:

- Without using willpower, aids, substitutes or gimmicks.
- Without envying partners, friends or colleagues who use cannabis.
- Without suffering anxiety, depression or unpleasant withdrawal symptoms.

This audiobook is a direct, easy-to-follow and engaging way of absorbing the method, which will free you from your cannabis addiction painlessly and immediately. It is effective for anyone who consumes cannabis in any form, including joints, bong, edibles, capsules, vape or other methods. Simply follow the steps and become a happy, cannabis-free person for the rest of your life.

## Reader's comments

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