

Natural, and Isochronic Music Mixed with Natural Water

author: Sunny Oye

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Synopsis

author	Sunny Oye
readBy	Therapeutick
inLanguage	english

All together - Alpha, Binaural, and Isochronic Brainwaves music tones will take you deeper than traditional meditation music. In fact, it will literally guide your mind into a state of deep relaxation by gently entraining your brainwave activity with binaural beats and train the brain to tap into that powerful resource of mind in future automatically. In addition to general relaxation and self-improvement benefits, it acts as a stimulus under specific circumstances; such as anxiety, panic attack, and depression relief and increased concentration. </p> <p>Youâ€™™ll become the true controller of your brain and your mind. You will have a better advantage! Alpha brainwaves are present in deep relaxation and usually when the eyes are closed, when youâ€™™re slipping into a lovely daydream or during light meditation. It is an optimal time to program the mind for success and it also heightens your imagination, visualization, memory, learning, and concentration. </p> <p>In addition to Alpha brainwaves music relaxation and meditational benefits, Alpha, Binaural and Isochronic Brainwaves music combination is an amazing soundscape that has the potential to change your life! Enjoy soothing sounds and brainwave entrainment technology for enhanced relaxation, less stress and anxiety, a calmer and quieter mind, and general inner refreshment with a fantastic, enjoyable, meditative relaxation. </p> <p>Good for people who just need a quiet time in an office environment during break time or while on the bus or train or students about to start exam or lecture to relax in daytime or at a time other than your normal bed time, for a quick, deep relaxation.</p>

Reader's comments

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