

yssainthecity) shares her personal experience with s

author:



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Synopsis

<p>Got a question for me to explore? Text me ?</p><p>Dermatillomania (skin picking disorder) can affect many of us, but it's not so often that we know of others sharing the same or very similar experience. Especially those we follow, are inspired by and look to for confidence and style.

That's why this episode's conversation with Alyssa Coscarelli - commonly known as @alyssainthecity - is a special one.

I hope you enjoy this conversation.

If you'd like to get in touch with Alyssa, or follow her on her adventures, you can check out her Instagram.

Thanks for listening and supporting this podcast.</p><p>Support the show</p>

Reader's comments

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