

million when your dream falls apart. My bonkers conv

*author:*



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## Synopsis

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I don't video record my podcasts because I'm so new at this that I'm pretty sure I'm making weird faces while I read the questions I've written before hand for these interviews. Plus, I apparently have a furious focus face, the old "œtriple F" as they say in Latin. I look so mad when I'm really listening. But if you could see the video of this conversation, in this episode you'd see me start leaning in, start clapping and start taking notes.

Cathy Heller's story of losing her record deal, reinventing her life and building a massive business is wildly inspiring. She stepped on my toes a lot in this episode, challenging me to do some things in my own life that I've been afraid to try. If you listen to this episode while on a treadmill, you're probably going to fall off. That's a safety warning, right there.

**In this episode:** Cathy Heller is online at her website and Instagram. Listen to her podcast Don't Keep Your Day Job and check out her conversation with Jon. Grab a copy of her book Don't Keep Your Day Job. Find out more about The Quitters Club. Sponsored by Remodel Health. Use code ACUFF50 and get 50% off!

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## Reader's comments

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