

Birds of a Feather

author: Lorin Lindner, Elizabeth Butler-Witter

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Synopsis

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Animal lover though she was, Lorin Lindner was definitely not looking for a pet. Then came Sammy - a mischievous and extremely loud bright pink Moluccan cockatoo who had been abandoned. It was love at first sight. But Sammy needed a companion. Enter Mango, lover of humans ("Hewwo"), inveterate thief of precious objects. Realizing that there were many parrots in need of new homes, Dr. Lindner eventually founded a sanctuary for them.

Meanwhile, she began to meet homeless veterans on the streets of Los Angeles. Before long she was a full time advocate for these former service members, who were often suffering from Post-Traumatic Stress Disorder (PTSD). Ultimately, Dr. Lindner created a program for them, too.

Eventually the two parts of her life came together when she founded Serenity Park, a unique sanctuary on the grounds of the Greater Los Angeles Veterans Administration Healthcare Center. She had noticed that the veterans she treated as a clinical psychologist and the parrots she had taken in as a rescuer quickly formed bonds. Men and women who had been silent in therapy would share their stories and their feelings more easily with animals.

Birds of a Feather is ultimately a love story between veterans and the birds they nurse back to health and between Dr. Lindner and her husband, a veteran with PTSD, who healed at Serenity Park. Full of remarkable people and colorful birds, this audiobook reminds us that we all have the power to make a difference.

Reader's comments

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