

Care About Yourself: Part 1

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Synopsis

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Do you ever feel your character is too hesitant and self-censoring? Do you want to make the right investments? Do you ever feel that you should be further along on your goals and projects? How many addictions do you have? What behaviors do you perform compulsively, even though they don't serve you well in the long run? Do you wish you could regulate your life better? Many people do, and they don't realize that the most important investments we, as humans, can make are investments in ourselves. Stop putting up with yourself and make some strides in your personal development today. Not tomorrow. Today. You'll find the information shared by the author Steve Pavlina enlightening. He is a true visionary in the world of productivity and development.

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