

Chakras for Beginners

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2026-07

Synopsis

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Have you ever felt drawn to someone you met for the first time and you could not seem to understand why? Moreover, have you ever met someone that instantly hated you the moment you saw him or her, but also did not have a clue why? The reason for this is the aura that we emit which some people, maybe you, could see or sense.

Auras emit energy and light with different color visible to the naked eye by some people. This person, that sees human aura, could tell a person if the body is healthy, ill, or feeling negative. They can identify it by the color of the aura you emit. Those people say, an aura is like a glowing light around a person, and mostly consisting of one or sometimes several colors.

There are other ways to experience an aura, for those who cannot see it. An example is when you feel like somebody's watching you from a distance or when you sense somebody else's presence in a dark room. In addition, a process called Kirlian photography, that uses high-frequency electric current, could also see the human aura. How does an produce light?

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