

Christian Prayer Meditations

author: Christian Prayer Meditations

2026-07

Synopsis

author	Christian	Prayer
inLanguage	english	

Find peace with Christian healing prayer meditations by Abide for issues like anxiety, addiction, depression, and illness.
•Abide is the #1 Bible app to stress less & sleep better. Join the millions of people who download the 4.9 star reviewed Abide app to reduce stress, improve sleep and experience the peace of God everyday.
•Get the Abide app FREE: <https://abide.com>
According to meditation research...
84% of Christians who meditate at least weekly have the strongest faith in God
81% of Christians who meditate at least weekly experience God's peace the most
Mindfulness meditations like Abide Christian meditations can measurably:
• Improve the quality and length of your life
• Reduce stress, blood pressure, pain, anxiety, depression, PTSD, addictive impulses & cravings
• Grow brain density in regions responsible for memory, compassion, self-awareness and introspection

Reader's comments

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