

CNA Exam Prep Study Guide

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Synopsis

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If you want to pass the CNA exam but don't have a lot of time for studying, pay attention....

You are no doubt a busy individual with a lot of things going on! It can be challenging to find the time to study for the CNA exam. However, the truth is that the CNA test is a challenging exam. It is normal to have some anxiety about taking this test.

Thorough preparation cannot be overlooked. That is why the author Maila Barajas, a healthcare professional, developed the *CNA Study Guide*! This edition is a *practice questions edition*! It contains hundreds of practice questions and reviews all essential concepts found on the exam from all categories of the exam. You can listen to it wherever life takes you! Its sections include:

I. Physical Care Skills (61%)

- Activities of Daily Living
- Hygiene
- Dressing and Grooming
- Nutrition and Hydration
- Elimination
- Rest, Sleep, and Comfort
- Basic Nursing Skills
- Infection Control
- Safety in an Emergency
- Therapeutic Procedures
- Technical Procedures
- Data Collection and Reporting
- Restorative Skills
- Prevention Techniques
- Promoting Self-Care and Independence for the Client

II. Psychosocial Care Skills (13%)

- Emotional and Mental Health Needs
- Identifying Emotional and Mental Health Needs
- Assisting and Supporting Clients with Emotional and Mental Health Needs
- Spiritual and Cultural Needs
- Identifying Spiritual and Cultural Needs
- Providing Culturally Sensitive and Appropriate Care

III. Role of the Nurse Aide (26%)

- Communication
- Effective Communication Techniques
- Communication with Patients, Family Members, and Healthcare Team
- Client Rights
- Understanding Client Rights
- Advocating for Client Rights
- Reporting Violations of Client Rights
- Legal and Ethical Behavior
- Legal Responsibilities of a Nurse Aide
- Ethical Responsibilities of a Nurse Aide

- Navigating Legal and Ethical Dilemmas Member of the Healthcare Team
Understanding the Role of a CNA in the Healthcare Team Collaborating and
Communicating with the Healthcare Team Contributing to a Positive and Effective
Team Environment <p>Each section is divided into further subsections making sure

all aspects of the exam are covered! If you listen to our study guide and take the time to really
understand the concepts, we are confident you will pass the test and be on your way to a new

career!</p> <p>So go ahead and scroll up and click "Buy Now" today!</p> <p>PLEASE

NOTE: When you purchase this title, the accompanying PDF will be available in your Audible
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