

Crushing Fleas

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Synopsis

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Are you are feeling an overwhelming fear of what life after your own abusive relationship might hold for you? I get it. I know where you are, too. Trapped. Lost. Alone. Brain-sick. Body-sick.

I was there. And I also can tell you this: There is a way out. A journey back to self-love and self-worth. A journey back to a mind-blowing, energetic, exceedingly powerful version of you. Short-track back to your power!

The purpose of this audiobook and the steps back to you is to short-track your trip back. Back into your power. Back to the amazing person you already are. The power of the amazing you. Like a caterpillar preparing itself for radical transformation, you too will emerge from a shiny, protective casing, and radically transform and emerge as the lovely, beautiful, so-much-to-offer-to-the-world, limit-less you who you already are.

You will be at peace with who you are. You will be fully at peace with the world around you. You will be in charge and in control of your destiny. Self-aware, happy, vibrant, full of vitality, and confidence. And most importantly, full of self-love. Sounds good, right?

So, I have a personal invite for you. I am asking you to come with me on a journey. A purposeful journey, to find the thing that was never really lost, the thing that abuse stripped you of: you. It's right there. It's in your heart just waiting for you to find the tools to set it free.

After years of trial, error, and research, I developed a system that enabled my own recovery from emotional abuse - a cataclysmic shift from a life of grief, fear, and victimhood to a life of peace, empowerment, and self-love.

Crushing Fleas shares this system to short-track the recovery process for survivors of emotional abuse by psychopaths, sociopaths, and narcissists - fleas!

Reader's comments

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