

# Depression in the Bible

*author: Henry Bechthold*

---

2026-06

# Synopsis

---

author	Henry Bechthold
readBy	Beverly Taylor
inLanguage	english

**Depression is a deep, dark pit. The suffering is real. Christians are not exempt from it.**

Christian psychologists confirm that clinical depression is just as common among Christians as among non-Christians. Famous contemporary Christians and Bible writers have suffered from major depression. This book will reveal those who have suffered from it and will also reveal the biblical strategies and spiritual warfare needed to battle and overcome it. There is hope.

You will also learn valuable biblical lessons God is teaching you through your struggle with depression.

## Reader's comments

---

comment 1:

â€"â€" ()