

Divorcing a Narcissist

author: Supriya McKenna, Karin Walker

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Synopsis

authori¼š	Supriya McKenna, Karin Walker
readByi¼š	Supriya McKenna
inLanguagei¼š	english

Separating or divorcing a narcissist or someone who has narcissistic traits can be a difficult, draining experience. This book is written for the spouse of such a personality to support them step by step through the legal process, as well as through the difficult emotional journey that they'll be undertaking. It will help you recognize narcissistic behavior, prime you on what challenges lie ahead, and provide practical insights on how to survive the process. It will also help you work with your lawyer so you can both understand the potential pitfalls that could frustrate attempts to finalize your separation.

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