

Eastern Wisdom, Modern Life

author: Alan W. Watts

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Synopsis

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Alan Watts introduced millions of Western listeners to Zen and other Eastern philosophies, but heâ€™s also recognized as a brilliant commentator on Judeo-Christian traditions as well as a celebrity philosopher who exemplified the ideas â€” and lifestyle â€” of the 1960s counterculture. In this compilation of controversial lectures, delivered at American universities throughout the decade, Watts challenges listeners to reevaluate Western cultureâ€™s most hallowed constructs. Watts treads familiar ground, interpreting Eastern traditions, and also covers new territory, exploring the countercultureâ€™s basis in the ancient tribal and shamanic cultures of Asia, Siberia, and the Americas. </p> <p>In the process, he addresses some of the eraâ€™s most important questions: What is the nature of reality? And how does an individualâ€™s relationship to society affect this reality? Filled with his playful, provocative style, the talks show the remarkable scope of a philosopher in his prime, exploring and defining the '60s counterculture as only Alan Watts could.</p>

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