

Emotional Investment

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Synopsis

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In a world where money impacts nearly every part of our lives, many of us still don't talk about it enough. What might happen if we could look at our relationships to money, without shame and guided by an expert? What could we learn? How could our lives change?

In *Emotional Investment*, therapist-turned-financial coach Amanda Clayman works with a range of people and couples to unravel money dilemmas. Along the way, Clayman gives us practical tools—both financial and emotional—that we can all use in our own lives.

Featured in this series:

- Stella and Lucas fell in love and got married young. Now, Lucas manages a grocery store while Stella works a high-stress, high-paying corporate job. Clayman helps the couple talk through Stella's desire for a postnuptial agreement.
- Melvin became a successful entrepreneur in his 20s. Now, he finds that the stress of supporting his family while dealing with the precarity of a small business is bringing up feelings and decisions he was unprepared for.
- Samantha, a social worker, nurtures herself by spending while carrying a crushing burden of student loan debt. Can she find financial stability without losing her joy?
- Danny decided to retire early from his job as a firefighter then fell in love with someone he'd like to be able to support financially. Clayman works with Danny and his partner Osmer to talk through Danny's feelings of shame and resentment.
- Louie is a community organizer who is comfortable helping other people but terrified to receive help themselves—or even to really look at their own financial situation. Clayman helps Louie figure out where to start.

Join them as they look at the issues they've been avoiding, and follow them as they come to surprising realizations and gain tangible new financial skills. *Emotional Investment* is an emotional and insightful ride that promises to leave us all braver and smarter than before.

Please note: *Emotional Investment* contains adult language and is presented solely for educational

and entertainment purposes. It is not intended as a substitute for consulting directly with a psychologist, financial advisor, or any other qualified professional.

Reader's comments

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