

End the Struggle and Dance with Life

author: Susan Jeffers

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Synopsis

author	Susan Jeffers
readBy	Susan Jeffers
inLanguage	english

From the author of the bestselling classic FEEL THE FEAR AND DO IT ANYWAY comes inspirational advice to heal the spirit and lift the weight of the world, now in unabridged audio download.

Dr Susan Jeffers, whose previous books have touched millions throughout the world, provides the tools and concepts that show us how to feel calmer, more in control, and more excited about life. With wisdom, humour and clarity, she opens our eyes to what pulls us down and what lifts us up. This is an invaluable source of insight and practical guidance that inspires us to create a life filled with peace and joy.

Reader's comments

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