

Episode 27: Nicole Avant

author: Michele Norris

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Synopsis

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In this episode, Nicole Avant's daughter of legendary music mogul Clarence Avant looks back at her bustling childhood kitchen, where prominent Black figures were always stopping by. She'll tell us about her mother's snow cookies recipe as well as reflect on the loss of her mother and share tips for consoling someone experiencing deep grief.

Nicole Avant is a film producer, author, and former ambassador for the Bahamas. She wrote the critically acclaimed book *Think You'll be Happy: Moving Through Grief with Grit, Grace, and Gratitude*. She also produced the documentary *The Black Godfather* about her father's illustrious music career.

Find the episode transcript here: <https://www.audible.com/ymk/episode27>

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