

Explosive to Empathic: 2 Books in 1 Bundle

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Synopsis

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inLanguage	english

Turn your explosive child into a calm and warm-hearted child! Do you have fiercely inflexible children? Have you tried pleading with them just to stop their tantrums? Your child might be the explosive type, the ones who burst into anger when they don't get what they want. They may be very agreeable at times, but they can be a real pain to handle when they reach their boiling point. You might have tried bargaining, negotiating, and pleading with them to no avail. At some point, you may even have reached your own limit. Racism, hatred, bullying, and a lot more are very common these days. What if these are the results of parents failing to teach their kids empathy when they were young? When we do not develop this important value, children are unable to process their own feelings and behaviors. In turn, they will have a hard time building deeper relationships with the people around them.

In this audiobook, you will discover:

- The three-step approach to talk to your child
- The different phases before the explosion and how to prevent it
- How to improve your child's communication and social skills
- How to prevent bullying at school
- How the media affects reality and emotions
- How to teach your children about gender and racial equality
- How to develop your child's self-regulation skills
- Activities that help your child's ability to understand what the other person is feeling or experiencing
- And more!

I am proud to say that I was able to teach all of these to my son despite being diagnosed with ADHD and ODD. Teaching empathy is the most effective way to raise explosive children. Teach your children now while they are young. As you listen to this book, you will be able to help your children become happier and more emotionally mature individuals.

Get this book now to learn more!

Reader's comments

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