

Fearless Public Speaking

author: Patrick King

2026-08

Synopsis

author	Patrick King
readBy	Joe Hempel
inLanguage	english

Does public speaking make you feel paralyzed and tie your stomach into knots? Or do you want to learn how to get a standing ovation every time? Does the prospect of facing embarrassing judgment make your heart race? Maybe you just want to learn how to absolutely own a room from the stage and become a magnetic speaker? Wait...what do people even say to open and close?! Public speaking and presenting is one of the most common phobias - it's completely understandable. When else in our lives are we so open and vulnerable? But it's a necessary evil in all aspects of our lives, whether professionally or personally. From making a presentation in the boardroom to being more confident with the opposite sex, your speaking skills will take you to the next level. *Encore!* is the rare book that will help you destroy your anxiety so you can confidently take any stage - and once you're up there, be unforgettable and captivating as a speaker. The tenets in this book come from studying the experiences of the best presenters in the world, including CEOs, standup comics, actors, and more. Jason Bax, noted actor, speaker, and entrepreneur, lends his thoughts in a guest chapter. And me? I'm a social skills and charisma coach, speaker, and semiprofessional musician who thrives in front of a crowd...but I wasn't always like this - I know your pain, and I can help!

- How will you learn to captivate audiences?
- Why knowing where your audience gets their news is key to your memorability.
- How to construct a bulletproof opening and closing.
- How to make sure you reach any audience emotionally.
- Overcoming stage fright and sweats with mental rehearsal techniques.
- What rehearsed spontaneity is and how it makes your audience connect.
- Stage presence techniques.

Reader's comments

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