

Go Bravely

author: Emily Wilson Hussem

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Synopsis

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As a young Christian woman, do you struggle with insecurities and feel bogged down by the pressures and expectations of society? Do you find it challenging to take care of yourself and be a faithful daughter of God? Emily Wilson Hussem used to feel the same way. In *Go Bravely*, the Catholic musician and speaker offers 20 bits of advice that will equip you to tackle your deepest concerns about relationships, self-esteem, and dating while strengthening your faith at the same time.

"Sometimes even the smallest acts of living out faith require great bravery." In *Go Bravely*, Wilson Hussem offers listeners warm and friendly encouragement as she shares her experiences with other young women as their youth minister as well as her own struggles with insecurity, relationships, loving and forgiving herself, and living her faith. You'll feel right at home as she challenges you to be a light in the world while simultaneously offering you easy-to-digest advice on your most pressing questions.

Fresh off figuring out who she is as a daughter of God, how to cultivate healthy friendships, how to save sex for marriage, and how to develop a prayer life, Wilson Hussem gives you advice about what she learned in the midst of becoming a young woman. Aware of the information overload that young people face today, she shares simple wisdom for bravely living your faith, such as: Always be kind to other women. Work hard at what you love. Recognize God's plan for your life. Remember that nobody is perfect. Cultivate authentic friendships.

These are basic ideas, Wilson Hussem says, but taking care of yourself and loving others are easy tenets of our faith to forget. A book that can be heard in short snippets or in one sitting, *Go Bravely* offers you the encouragement and tools you need to live out your Christian faith with purpose and zeal.

Reader's comments

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