

Grow Food for Free

author: Huw Richards

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Synopsis

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Huw Richards set himself a challenge - to grow his own fruit and veg for free for a year. He succeeded, and now wants to help you do the same.

- Can't afford a raised bed? Try repurposing an old wooden pallet.
- Don't want to spend money on buying plants? Look in the fridge and your kitchen cupboards for food that you can plant.
- Need a particular tool? Barter or borrow from a neighbour.
- Don't have a garden? See if someone in your area has an untended patch you can turn into a well-loved veg plot.

Narrated by Huw, his *Grow Food for Free* has the inspiration and practical advice you need to start, grow, love, propagate and harvest your own fruit and veg organically and at zero-cost. This is real sustainability!

With 15 years' experience growing organic, sustainable food in his family's garden, Huw Richards has seen that cost is often a barrier to people growing their own food, so he wants to help everyone grow fruit and veg sustainably and inexpensively. Huw's YouTube channel has over 168,000 subscribers and his videos have over 25 million views in total.

Reader's comments

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