

How to Be Smart With Your Time

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Synopsis

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Time - unlike money, opportunity or good looks - is the one resource that is allocated equally to all of us. No matter what our financial or family situation, we each get 24 hours a day. In the practical and straightforward style to which his Dragon's Den contestants are accustomed, Duncan Bannatyne explains how we can make the most of our time to get the most from our lives, and not just our working day. What do you really want to do with your life? This book will help you identify the goals and aspirations that really matter to you so that you can make them happen. It will give you the confidence to make your ambitions a reality and teach you how to focus on the things that count. In a series of short chapters, illustrated with examples from his extraordinary career in business, Duncan will show you how to make quicker, better decisions and how to make things happen - fast. Duncan knows more about what can be achieved in a day, a year and a lifetime than most and in this book he shares how you can achieve your ideal work/life balance.

Reader's comments

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