

Infinite Self

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Synopsis

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If you genuinely have a desire to experience the realm of consciousness beyond your everyday, business-as-usual life - to "transcend" - then Stuart Wilde wants to help you learn. A spiritual guide with an irreverent style, he can show you the profound along with the profoundly absurd. He can help you tap into your eternal nature, to pass through the doorway of perception that leads beyond your physical senses. Through his meditations and exercises, you can learn to feel more wonder, less fear, definitely less seriousness, and greater positive energy in every moment of your life. Stuart Wilde believes that spiritual power is everyone's birthright, and you need only to free yourself to reclaim it. And once you've experienced the Infinite Self, you'll feel a deeper love and gratitude for your life in every way. Stuart Wilde provides you with 33 practical steps for reclaiming your inner power, which include learning to:

- Accept guidance from Spirit.
- Become master of your own destiny.
- Find personal freedom through acceptance and detachment.
- Center your mind.
- Purify yourself of ego-based limitations.
- Dedicate your life to the Sacred Way.
- And much more!

Reader's comments

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