

Instant Motivation

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Synopsis

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inLanguagei¼š	english

This book will change how you think about what drives you to succeed. Groundbreaking new research reveals how your state of mind holds the key to your motivation, success and happiness. Compelling evidence combined with inspiring stories and insights will unlock a powerful new mind-set that will instantly boost your performance and open your eyes to what it really takes to excel. </p>

Reader's comments

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