

Intuitive Healing

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2026-06

Synopsis

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Spiritual enlightenment is a gradual process that happens only when you are ready. These guided meditations are designed to help you spiritually develop, increase inner peace and feel more connected to the universe.

First Meditation: A 14-minute meditation designed to help you spiritually detox your mind, body and soul. It is a way to initiate spiritual awakening and enlightenment.

Second Meditation: A 17-minute meditation intended to help you open the third eye through guided meditation that focuses on mindfulness.

Third Meditation: A 16-minute meditation intended to help you utilize the Law of Attraction to elevate your mood, vibration and life.

This collection is for those seeking to heal their life, declutter the mind, relax the body and reach a higher level of inner peace.

Reader's comments

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