

Is This a Spiritual Awakening?

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Synopsis

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Struggling to figure out if you are having a spiritual awakening or if it's your bipolar?

Many people who have been diagnosed with bipolar disorder also have spiritual or metaphysical experiences. It is frightening when you don't know what you are experiencing. Countless people, including children, are misdiagnosed with a mental illness when, in reality, they are experiencing psychic phenomena. This book can help you learn the difference between the spiritual world and the world of bipolar. Having had the diagnosis of bipolar for 20 years and spent that same time exploring the metaphysical world, author Mari B. Lutes has the unique perspective of having learned the difference between bipolar symptoms and a spiritual awakening.

In this book, you will:

- Learn the difference between mysticism and mental illness
- Know when you are having spiritual experiences
- Recognize the basics of bipolar symptoms
- Give you tools to access the different facets of the metaphysical world
- Learn the role of oracle cards, mediumship, energy healing, Akashic records, and other metaphysical tools in a spiritual awakening

In *An Unquiet Mind*, Kay Redfield Jameson talked about her experience with bipolar disorder. James Redfield wrote *The Celestine Prophecy*, a book about a spiritual awakening. This book combines the two by using the knowledge and experience of a person who has successfully managed their bipolar disorder for two decades and taken a journey into the mystical unknown. This book is your guidebook to understanding the difference between a spiritual awakening and bipolar symptoms. No more second guessing yourself. If you are ready to know what you are experiencing, get your copy today.

Reader's comments

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