

Joyous Body

author: Clarissa Pinkola Estés

2026-08

Synopsis

author	Clarissa	Pinkola
readBy	Clarissa	Pinkola
inLanguage	english	

"Each one of us is a triumvirate being - at once the union of the body, soul, and all that lies within." For any that experience disharmony amongst these three vital aspects, Dr. Clarissa Estes reveals a path back to wholeness. Join her with the Joyous Body for the third volume of her masterwork on the Wise Woman archetype. This empowering six-session program shares original and old family stories, poems and psychological commentary on the challenges, remedies and ancient knowings of the female body, "that which is not a dumb servant but a divine human traveler and consort."

Reader's comments

comment 1:

â€"â€" ()