

Laugh It Up!

author: Candace Payne

2026-07

Synopsis

author	Candace Payne
readBy	Candace Payne
inLanguage	english

Now with an exclusive bonus chapter only available on audiobook!

The world knows Candace Payne as "Chewbacca Mom," whose Facebook video captured the hearts of millions with nothing but a toy Chewbacca mask and infectious laughter. But what the video doesn't show is Candace's storied journey of overcoming daunting obstacles on the way to a joy-filled life.

Laugh It Up! tells the rest of the story behind the woman in the mask. Like many, Candace Payne has often felt overlooked, undervalued, and insignificant. But she has also discovered the secrets to unshakable joy that no circumstance--be it extreme poverty, past trauma, or struggles with self-worth--can take away, and *Laugh It Up!* will help you discover and experience the same.

Join Candace to discover the gift God has given us all--to experience life to the fullest. All you need to do is answer "yes" when joy calls you to come and play.

- Do you feel tempted to give up on your dreams? Joy stays the course.
- Do your knees knock when thinking about the future? Joy hopes for what can be.
- Do you feel unseen and unnoticed? Joy is content whether backstage or center stage.
- Do you feel crushed under the weight of regret? Joy loves you enough to weep with you, but also help you move on.

When life punches you in the gut, it can be difficult to muster a smile--much less a laugh. But with humor and power, wit and wisdom, Candace lights the way forward to a life that is free indeed.

Reader's comments

comment 1:

â€"â€" ()