

Love and Sex: A Christian Guide to Healthy Intimacy

author: Nancy Houston

2026-07

Synopsis

author	Nancy Houston
readBy	Pamela Almand
inLanguage	english

Sex is a gift from God, created to bond a married couple and to reflect His nature. But it isn't always easy to navigate two bodies becoming one. About the time you think you have it figured out, something can challenge a couple to revisit its purpose. Sex is meant to be a beautiful, mutual celebration of husband and wife. However, sex, with all of its potential for pleasure, can be an area of pain and confusion.

With *Love and Sex: A Christian Guide to Healthy Intimacy*, sex therapist Nancy Houston offers listeners a frank and helpful discussion about sexual intimacy that includes guidance on experiencing and providing sexual pleasure, an analysis of how men and women experience sex differently, healing words for those who have experienced sexual embarrassment and pain, and powerful reminders that sex is celebrated and encouraged throughout scripture, and can be everything God created it to be.

Reader's comments

comment 1:

â€"â€" ()