

“Work for You: Tips, Hacks, and Strategies for

author: Kris McPeak

2026-07

Synopsis

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inLanguage	english

Day after day, week after week, year after year....we work to make a living, but some of us find ourselves living to work or just can't get past the workday without feeling crummy. Are you unhappy in your daily job? Not finding a good work/life balance? Unsure you've settled in the right vocation?

This audiobook provides a platform for improving your day to day life during your 9-5. Challenge your choices on why you're working where you are now. Learn about and implement little daily cheats to make the workday more palatable. Find and define your support networks and how they can contribute to your comfort and confidence levels. This book should help ease the grind of the day-to-day and get you closer to finding happiness and satisfaction in your vocation.

Reader's comments

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