

Man, You Rock!

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Synopsis

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We live in a time in which families are under attack and being torn apart. Divorce rates are at an all-time high, and children are all too often lacking the time, instruction, and development of the most essential life skills in order to have a foundation for success in life. As a parent or grandparent, it's likely your biggest desire for your son or grandson is that he will grow up to be happy, healthy, and successful - that he will become a man of character. *Man, You Rock!: 12 Essential Life Skills to Build Your Character, Vision, and Future - for Young Men, Their Parents, Grandparents, and Mentors* will teach you how to help your young man:

- Establish a vision of what he wants and who he can become
- Build character and refine manners and appearance
- Choose friends wisely and discover opportunity in education
- Develop a positive attitude, set priorities, and be responsible
- Learn why it is important to be healthy and fit, and learn the value of hard work and money
- How to set, quantify, and achieve personal goals
- Have the best relationships, dating experiences, and prospects for happy marriage

Is your young man dealing with the relentless influences from social media, friends, TV, Internet, and video games that shape his daily thoughts, choices, and actions? We all want a strong foundation - whether it is for ourselves or the young men in our lives. *Man, You Rock!* is being hailed everywhere as a blueprint for success and greater contentment. In each chapter, there is a special section for parents, grandparents, and mentors, with "Lessons/Activities" to do with your sons or grandsons for reinforcing each essential life skill. A great gift for sons (of all ages), parents, grandparents, mentors, and single mothers. Is there anything more important? Do not delay; every day your son or grandson misses these lessons is another day they are lacking the keys for success. It's a fast listen. It's simple to understand. And it works!

Reader's comments

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