

# Marty Jopson

*author: Bryony Cullen*

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## Synopsis

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authori¼š	Bryony Cullen
readByi¼š	Marty Jopson
inLanguagei¼š	english

On the release of his latest book, *The Science of Food: An Exploration of What We Eat and How We Cook*, Dr Marty Jopson, resident scientist on BBC One's *The One Show*, talks to Audible about the dangers of not understanding what we put into our mouths. With knowledge from a hugely successful career as a presenter and science communicator, Marty has discovered the benefits of learning the physics, chemistry and biology of our food. We chatted about all sorts, from sugar to writing.

## Reader's comments

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