

# Mastering the Present Moment

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# Synopsis

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| author     | Dr. Wayne W. Dyer |
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| readBy     | Dr. Wayne W. Dyer |
| inLanguage | english           |

This soul-nourishing compilation of Dr. Wayne Dyer’s enduring wisdom includes lectures, guided meditations, and his personal insights into ancient texts such as the Tao Te Ching and the Old Testament.

Track listing:

- "Introduction"
- "Living the Great Mystery"
- "Meditation on the Present Moment"
- "The Miracle of Being"
- "Prelude to I Am Wishes Fulfilled Meditation"
- "Moses Code Meditation"
- "Moses Code Meditation with Guitar"
- "Everyday Wisdom Meditation"

# Reader's comments

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