

Maximum Impact: Strategies for Life Fitness

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Synopsis

author	Frederick Elias
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inLanguage	english

Maximum Impact: Strategies for Life Fitness is a must listen to, interactive, audiobook for anyone seeking to:

- Master their focus and take action
- Create an optimistic and energized self-image
- Improve their decision making
- Overcome fear of the unknown
- Empower your way to success

Listening to, and following, the clear instruction sets and activities included in *Maximum Impact: Strategies for Life Fitness* will cause positive change to happen in your life. Seize your opportunities... **NOW!**

Reader's comments

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