

# Meditations on Buddhism

*author: Osho*

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## Synopsis

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authori¼š	Osho
readByi¼š	Osho
inLanguagei¼š	english

Delving deeply, respectfully, and lovingly into the 2,500-year-old sutras of the Gautam Buddha, Osho extracts the profound essence, insights, and understanding of the Buddha's teachings, and presents this everlasting wisdom in a lucid, straightforward, and often humorous manner that will deeply touch the contemporary seeker. These remarkable discourses are original, live recordings made during Osho's extemporaneous daily talks to audiences of disciples and visitors at his meditation retreat in Poona, India. His talks were, and continue to be, central to his work as a mystic trying to find ways to share his experience. And as you listen to this great teacher, you too will enter a state of meditative awareness that will bring you to a new understanding of the wonders of his spiritual path and the Buddha-nature of all existence.

## Reader's comments

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