

Menopause Meditations

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Synopsis

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inLanguagei¼š	english

Are you suffering with the symptoms of menopause and/or perimenopause? Are you looking for some relief from pain, memory loss, brain fogging, hot flashes, and physical changes?

This audiobook will offer you respite and relief from the long-term difficulties menopause causes, to give you hope for the future management of symptoms and help you love yourself and the woman you are becoming.

Reader's comments

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