Michelle Obama: The Light Podcast

author: Michelle Obama

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Synopsis

<table><tr><th>authorï¼š</th><td>Michelle Obama</td></tr><tr><th>inLanguageï¼š</th><td>english</td></tr></table>

Upon the release of her second best-selling book The Light We Carry: Overcoming in Uncertain Times, former First Lady Michelle Obama set out on a very special highly anticipated, six-city U.S. book tour. Inside intimate venues and in front of small audiences, Mrs. Obama held inspiring conversations with esteemed friends like Ellen DeGeneres, Tyler Perry, Conan Oâ€™Brien, Oprah Winfrey, and more. Michelle Obama: The Light Podcast goes beyond the book as Michelle Obama and her friends share personal stories and insights you wonâ€™t encounter anywhere else, and youâ€™ll hear first only on Audible. Listen as they explore themes from The Light We Carry, like building meaningful relationships; issues connected to race, gender, and visibility; the habits and principles they have used to successfully adapt to change and overcome obstacles; and the importance of lighting up for others to reveal the richness and potential around us. As ever, Michelle Obama brings her trademark humor, candor, and compassion while she discusses her tools for living in todayâ€™s world with more luminaries like Gayle King, Hoda Kotb, David Letterman, and others. Light up your world with Michelle Obama in this fun and uplifting new Audible Original series.

Reader's comments

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