

My Happy Life

author: Lydia Millet

2026-07

Synopsis

author	Lydia Millet
readBy	Julia Whelan
inLanguage	english

At the opening of *My Happy Life*, the unnamed narrator of this bittersweet fictional memoir has been abandoned in a locked room of a defunct hospital for the mentally ill. She hasn't seen the nice man who brings her food in days; she's eaten the soap and the toothpaste; she tried to eat the plaster on her walls, a dietary adventure that ended none too well. And yet, curiously, the narrator is happy. Despite a lifetime of neglect, physical abuse, and loss, she's incapable of perceiving slight or injury. She has infinite faith in the goodwill of others, loves even her enemies, and finds grace and communion in places most people wouldn't dare to look. By stepping outside her meager circumstances, she's able to live each moment as though it were her last - with gratitude, longing, and delight.

Lauded by both critics and listeners, *My Happy Life* consistently surprises and excites with its original vision of a unique woman whose rich interior life protects her from the horrors of external reality.

Reader's comments

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