

Narcissistic Abuse

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Synopsis

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When asked WHO they are, a great many people resort to imparting their habits. They portray their work, their friends and family, their pets, their leisure activities, or their material belongings. However, without a doubt, these don't establish personality! Expelling them doesn't change what our identity is. They are habits, and they make individuals agreeable and loose. In any case, they are not part of one's personality in the most genuine, most profound sense.

It is this basic component of trickiness that ties individuals together. A mother feels that her posterity is a piece of her character since she is so used to them that her prosperity relies upon their reality and accessibility. Along these lines, any risk to her kids is seen by her as a danger to her own Self. Her response is, in this way, stable and suffering can be intermittently evoked.

This book is a break from the norms, as it is written for narration. It brings to light what goes on in the mind of a narcissist, dangers of narcissism, and also offers tips on how to protect oneself from it. A few of its contents are:

- The dangers of narcissism
- Frequently asked questions on narcissism
- The mind of the narcissist

This book is intended to show people what narcissistic abuse looks like so as to be able to spot and identify it quickly. With just five chapters, it breaks down everything you need to know about the topic and answers questions like:

- Is narcissism a blessing or a curse?
- How do I break free from a narcissistic relationship?
- And more!

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