

# Norse myth & sagas with Sigrdrifa

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# Synopsis

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author	SIGRDRIFA
inLanguage	english

"The Vala was there"  
Norse myth & sagas with Sigdrifa  
I explore various subjects in Norse mythology.  
I speak about the role that a goddess, giantess or Valkyries played in Norse society when it comes to initiating kings or warriors.  
I exploring the purpose of initiations called "sacred marriage" and the esoterica behind  
"finding a spirit spouse".  
The great psychologist Carl Jung have greatly contributed to our understanding of the unconscious influence of the archetypes, I speak about this as well as the process of how we become more self-aware, and how we integrate the shadow self of our psyche.  
....and much more

# Reader's comments

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## comment 1: Erik Bjornson

Norse Myth & Sagas with Sigrdrifa by SIGRDRIFA is a captivating journey into the heart of Norse mythology, offering both novices and enthusiasts a fresh perspective on these ancient tales. The author, presumably drawing from her namesake, Sigrdrifa—a valkyrie known in the sagas—infuses the narrative with an authentic passion that is palpable throughout the book. Each chapter meticulously dissects the intricate tapestry of Norse myths, from Odin's relentless quest for wisdom to the tragic fate of Balder, managing to breathe new life into these timeless stories. SIGRDRIFA's writing style is both engaging and educational, making complex mythological concepts accessible without diluting their depth. The inclusion of lesser-known sagas alongside more familiar ones provides a comprehensive overview of the Norse mythological universe. Additionally, the book is enriched with vivid illustrations that beautifully complement the text, bringing the gods, giants, and heroes to life. For anyone seeking to understand the profound cultural and historical significance of Norse myths, this book is an invaluable resource that enlightens as much as it entertains. Overall, Norse Myth & Sagas with Sigrdrifa is a must-read for anyone looking to immerse themselves in the rich and mysterious world of Norse mythology.

*â€” Erik Bjornson (2026-05-30 15:15:28)*