

# Organic Body Butter Recipes

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## Synopsis

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Condition and nourish your entire body with these DIY homemade body butter recipes.

Nothing in the world can quite compare to the feeling of applying an amazingly soft and nourishing body butter to your skin after a hot bath. With a whipped cream consistency, and a soft fragrance, body butter has a long history of conditioning and nourishing our dry, tired bodies. So what exactly makes body butter such a sumptuous treat for our skin? What ingredients does it consist of? Does drugstore body butter differ from homemade? Finally, and most importantly, is it possible to make our own safe and healthy body butters in the comfort of own kitchens? In *Organic Body Butters* you will find the answers to all of these questions, revealing a greater understanding of the ingredients, uses, and benefits of body butter. As well, we have included an extensive list of amazingly simple body butter recipes that will have you creating your own healthy, preservative free body butters today! Here's just some of what you'll learn:

- What is body butter is
- What you should be using body butter
- Exactly how and where to use body butter
- The differences between store-bought and homemade body butters
- Very important safety considerations if you plan on making your own body butters
- Step-by-step instructions on how to make 30 different body butters

You'll learn how to make all of these wonderful body butters:

- Wild orange body butter
- Coconut & plum whipped body butter
- Key lime whipped coconut oil body butter recipe
- Mango body butter
- Citrus body butter
- Coconut honey grapefruit body butter
- Healing body butter
- Eczema relief butter
- Magnesium body butter
- Varicose vein attacking body butter
- Antiba

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