

Parenting the Right Way

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Synopsis

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Do you question whether you are handling situations with your children in the best way? Do you wish you could model confidence and self-assurance for your kids, but don't know where to start?

So many of us want to be stronger, more engaged parents but do not have the time or strategies to make this a reality. Family issues are often swept under the rug when we don't want to deal with them, leading to more problems and pain.

When parents have been raised in a society that glosses over tough issues, how are they supposed to teach their children to be authentic in daily routines and connections with other people?

Approaching uncomfortable family problems can cause resistance and tension, taking a lifetime for families to recover.

Get the elephant out of the room today by learning techniques to build more communicative and satisfying connections with your children.

By understanding parenting styles and communication methods, parents can stop simply hoping their children will listen to their words and start experiencing the quality relationship that they desire. Start overcoming setbacks that have prevented you from spending valuable time with your family.

Inside *Parenting the Right Way*, discover:

- Essential communication strategies to get families talking
- Practical ideas to find balance in parenting styles
- Techniques for using positive praise instead of negative discipline
- Methods for focusing on a child's strengths
- Approaches to having tough conversations with children
- Steps to end the power struggles with toddlers and teens
- Straightforward ideas to foster a relationship of mutual respect
- Clear ways to make the most of the moments you have with your children

Plus, you'll learn easy steps to save time for yourself so that you can recharge and bring more energy to the parenting table. Get the advice you need to understand why emphasizing boundaries, consistency, and respect between parents and children is important. Learn to positively connect with your child so that

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