

# Entrenamiento Positivo Hipnosis [Positive Thinking Hypnosis]

*author: Erika Perez*

---

2026-06

## Synopsis

---

author	Erika Perez
readBy	Erika Perez
inLanguage	spanish

Are you tired of pessimistic thoughts and feeling bogged down by negativity? Do you want to be happier and more able to enjoy life's moments? You can change the way you look at life and find joy with this hypnosis program.

Estas cansado de ser pesimista y de sentirte agobiado por la negatividad? Quieres ser mas feliz y disfrutar la vida plenamente? Puedes cambiar tu forma de ver la vida y encontrar más felicidad con este programa de hipnosis.

**Please note: This audiobook is in Spanish.**

## Reader's comments

---

comment 1:

â€"â€" ()