

Permaculture for Personal and Cultural Repair

author:



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Synopsis

Episode 127: How can we apply Permaculture ethics and principles to our lives and relationships? In this episode Delia Carroll and Rachel Kaplan, co-founders of 13 Moon CoLab, talk about Social Permaculture, designing your life for resiliency, and how tending to your inner landscape can lead to cultural repair.

The 13 Moon CoLab's *Permaculture From the Inside Out* *Design Course* is intended to grow Permaculture people and places. The 100+ hour course includes the traditional 72 Hour Permaculture curriculum, as well as somatics, place-making, community art, and ceremony. The 13 Moon CoLab teaches permaculture and somatics in the same course because they see both as practices of repair, with somatics tending to the inner landscape and permaculture tending to the outer.

Rachel and Delia are Permaculture teachers and designers. Rachel is the co-author of the book *Urban Homesteading: Heirloom Skills for Sustainable Living*. Delia is a past producer of the West Coast Women's Permaculture Gatherings and the Northern California Permaculture Convergences.

Reader's comments

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