

Practical Reiki: For Balance, Well-Being, and Vibrant Health

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Synopsis

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inLanguage	english

If you've never heard of Reiki, this book will explain it in plain, clear language. Listening to the book will help you understand what Reiki is, how it works, how it helps, and how it can be learned. This book presents a down-to-earth, fluff-free approach that's easy to understand whether you've had any experience with intuition or none at all. Anyone who wants to learn to connect with the innate, natural power for healing is capable of doing so.

If you already practice Reiki, this book will show you the true essence of working with energy beneath the ritual, symbols, and mystery surrounding the practice. It will widen your knowledge and strengthen your connection.

Practical Reiki is a new, revolutionary Reiki modality for everyone who wishes to quickly and easily learn to practice Reiki energy healing for themselves and others. It is simple and strong and will change your life. This book will show you a straightforward understanding of how your intuition works and how to sense it. You'll also learn, in clear terms, what chakras are and why they're important.

Please note: Listening to this book will not provide the necessary attunements to be a practical Reiki practitioner or master teacher. It will teach you about Reiki in a no-nonsense way and inform you about a great Reiki method to learn.

Practical Reiki is the second-place winner for Best Reiki Book in the 2012 About.com Reader's Choice Award.

Reader's comments

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