

# Quiet Is a Superpower

*author: Jill Chang*

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## Synopsis

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inLanguage	english

“A must-have book for today’s quiet warriors.” (Susan Cain, *New York Times* best-selling author of *Quiet* and *Quiet Power* and cofounder of Quiet Revolution)

How does a self-described “extreme introvert” thrive in a world where extroverts are rewarded and social institutions are set up in their favor? Using her extraordinary personal story as a “case study of one”, Taiwanese author Jill Chang shows that introverts hold tremendous untapped potential for success. Chang describes how she succeeded - in Taiwan and in the United States - in fields that are filled with extroverts, including as an agent for Major League Baseball players, a manager of a team across more than 20 countries, and a leading figure in tech philanthropy.

Instead of changing herself to fit an extroverted mold, she learned to embrace her introversion, turning it from a disadvantage to the reason she was able to accomplish great goals and excel in tasks that her extroverted peers missed. She offers advice on finding the best jobs for introverts, overcoming the additional difficulties language and cultural barriers can present, thriving at social events and business presentations, leveraging the special leadership traits of introverts, and much more.

Part memoir and part career guide, this book gives introverts the tools to understand how they can form relationships, excel in cross-cultural workplaces, and navigate extroverted settings without compromising comfort or personality.

## Reader's comments

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