

Rainforest Creativity

author: Maggie Dubris .

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Synopsis

author	Maggie Dubris
inLanguage	english

Award-winning writer and clinical hypnotist Maggie Dubris combines hypnosis and gentle sound effects in this unique, effective program to enhance creativity for writers, visual artists, and musicians. The metaphor of the diversity and wonder of the rainforest is used to generate ideas and to address common creative issues such as perfectionism and judgmental attitudes towards one's work.

Reader's comments

comment 1:

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