

relatable

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Synopsis

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From media personality and communication expert Rachel DeAlto, learn how to connect with anyone, anywhere with this helpful guide for improving your social skills in every setting, including networking events, interviews, dates, and more.

We all have the desire to belong, to connect. And in the age of social media, making personal connections has been more challenging than ever. Millennials and Zoomers tend to have high anxiety at the thought of meeting new people and often fumble during in-person relationships. They struggle to connect, don't know how to make friends, and subsequently flounder in workplace relationships. Sound familiar? But relationship expert and media personality Rachel DeAlto knows that it doesn't have to be that way. Everyone can be likable. Everyone can be confident. And anyone can achieve this authentically.

With a fresh, fun, and humorous tone, *relatable* provides a step-by-step guide that will take you from socially awkward to awesome. You will finally feel more comfortable in social and professional settings so you can let your true character shine as you form lasting, authentic, and meaningful connections with everyone in the room.

Reader's comments

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