

# Return to Wholeness

*author: David Simon M.D.*

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## Synopsis

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author	David	Simon		
readBy	David	Simon	M.D.,	Deepak Chopra
inLanguage	english			

*Return to Wholeness* seamlessly merges the deep intuition and practices of Eastern natural healing with the advanced technology of Western medicine. Guiding those with cancer - along with families and caregivers - toward a new environment where the physical and spiritual are one, Dr. David Simon provides unprecedented support and hope in our ultimately rewarding return to wholeness.

# Reader's comments

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## comment 1: Sophia Reynolds

In 'Return to Wholeness,' Dr. David Simon delves into the intricate relationship between mind, body, and spirit, offering a holistic approach to healing that is both refreshing and insightful. As a renowned physician, Simon combines his medical expertise with a deep understanding of ancient healing traditions, providing readers with a comprehensive guide to achieving true well-being. The book is thoughtfully structured, making complex concepts accessible to a wide audience. Simon's emphasis on the power of intention and self-awareness resonates throughout, encouraging readers to take an active role in their healing journey. His compassionate voice and practical advice make this book not only informative but also deeply inspiring. The personal anecdotes and case studies shared by Simon add a relatable dimension, demonstrating the transformative potential of his teachings. 'Return to Wholeness' is more than just a book; it's a call to reconnect with our inner selves and embrace a balanced life. Whether you're seeking to overcome physical ailments, mental stress, or emotional turmoil, this book offers the tools and wisdom to guide you towards a more harmonious existence. Dr. Simon's work is a valuable resource for anyone committed to nurturing their mind, body, and spirit.

â€” Sophia Reynolds (2026-05-30 18:44:19)